


PARENTS & CAREGIVERS BRING YOUR
COFFEE OR TEA FOR

VIRTUAL 
COFFEE HOUR
TUESDAY NOVEMBER 23RD
10:30AM

**JOIN US FOR AN OPEN DISCUSSION ON TAKING
CARE OF OURSELVES AND OUR CHILDREN
DURING THE HOLIDAYS**

PLEASE JOIN MEETING FROM YOUR COMPUTER, TABLET OR
SMARTPHONE

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YOU CAN ALSO DIAL IN USING YOUR PHONE FOR AUDIO ONLY

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